

# Daring Way Women's Workshop Registration

Based on the research of Brené Brown

Teaching led by Anya Sumitsky, LGBTQW Certified Daring Way Facilitator

Thank you for joining us for a powerful and restorative workshop.

Saturday June 25<sup>th</sup> | Fairwood Garden House

Refreshments and Welcome 8:30am

Program 9am- 1pm Lunch provided

## Move towards authenticity by understanding vulnerability

- Understand the myths of vulnerability and how they prevent us from living authentically
- Recognize the "armor" we construct to feel safe that ultimately ends up keeping us from the connections we seek
- Understand how the 'not enough' culture keeps us trapped in our armor
- Connect with other women along the way

### CONTACT INFORMATION

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

### PAYMENT METHOD (\$35 includes workshop, refreshments, lunch)

- Cash
- Check
- Credit Card (online)

Date of Payment: \_\_\_\_\_ Staff Initials: \_\_\_\_\_

### What's Next?

- I'm interested in joining a women's group.
- I'm interested in a women's retreat.
- I have an idea for a future gathering: \_\_\_\_\_

**Please return this form and your payment by June 17 to the Pastor's Office.**

For additional information, please contact Small Group Coordinator **Bronwen Henry** (215-530-2036 or email [bronwen.henry@brynathynchurch.org](mailto:bronwen.henry@brynathynchurch.org)). Want more information? Visit [www.brynathynchurch.org](http://www.brynathynchurch.org) or check out other programs at [www.newchurchjourney.org](http://www.newchurchjourney.org).